

Description of CACFP Classes

October 1, 2009-September 30, 2010

Each agency participating in the CACFP in Kansas must attend a minimum of 6 hours of CACFP **approved** training each program year. Three (3) of the 6 hours may be obtained from the following agencies: KCCTO, Head Start, KACCRRA, K-State Research and Extension, Sponsors of Homes, and university or college courses. The class training must focus on food and/or nutrition. Proof of course completion must be submitted to Child Nutrition & Wellness within 30 days after the class. The remaining 3 hours must be obtained from the training listed below which are identified (*) as counting for CACFP training.

CACFP Fall Workshop* (7 hours credit)

This is a full-day workshop. A variety of topics will be addressed. Information will be helpful to both centers and sponsors of day care homes. *The workshop counts for CACFP training and participants will receive certificate.*

Around the World With Multi-cultural Experiences* (2 hours credit)

Are you aware of the many cultures around you? Learn ways to help the children in care experience different cultures through foods, games, projects, and more! Information will be helpful to both centers and sponsors of day care homes. *The class counts for CACFP training and participants will receive certificate.*

More Than a Menu* (2 hours credit)

This class will look at making menu items healthier and appealing to children, without going over the budget. Meal planning tips and guidelines will help revamp your menus. Information will be helpful to both centers and sponsors of day care homes. *The class counts for CACFP training and participants will receive certificate.*

The Return Trip: Creditable Counting Part II* (2 hours credit)

Reviewing the Crediting Foods Handbook and answering your questions about the foods you use and how they work within the CACFP guidelines will be the agenda for this class. We will answer commonly asked questions and look at some of the new foods on the market. Information will be helpful to both centers and sponsors of day care homes. *The class counts for CACFP training and participants will receive certificate.*

Care Connection* (2 hours credit)

Care Connections is a training program with lessons about the CACFP and providing quality care for children in child care centers and family day care homes. The lessons include suggestions for nutrition activities to do with children, and information on feeding children healthy meals to send home to parents. *The class counts for CACFP training and participants will receive certificate.*

Annual Sponsors Meeting*

This meeting is conducted annually for **sponsors of homes**. Information is for home sponsor personnel only.

Core Classes

CACFP Administrative Integrity (class is 2 hours in length)

This class will focus on Enrollment & Income Eligibility Forms and various income and household situations. Also included will be completing a claim and receiving reimbursement. Information will focus on child care center integrity and is for center personnel only. The class is **required for new Authorized Representatives of child care centers**. *The class does not count towards CACFP training; however, participants will receive a certificate.*

Menu Book Calculation: The Basics (class is 2 hours in length)

This workshop will address the basics of menu book calculation. Information is provided for those responsible for completing the menu book. *The class does not count towards CACFP training; however, participants will receive a certificate.*

Feeding Infants in the CACFP (class is 2 hours in length)

Learn how to offer, document, and claim infant meals, as well as serve the appropriate foods to infants. *The class does not count towards CACFP training; however, participants will receive a certificate.*

Food Safety Basics (class is 3 hours in length)

The class is based on the Fight BAC! food safety model and includes lessons on cleaning, separating, cooking, and chilling. Information will be helpful to both centers and sponsors of day care homes. *The class does not count towards CACFP training; however, participants will receive a certificate.*