

Description of CACFP Classes

October 1, 2011-September 30, 2012

Each agency participating in the CACFP in Kansas must attend a minimum of 6 hours of CACFP **approved** training each program year. Three (3) of the 6 hours may be obtained from the following agencies: Kansas Nutrition Council, KCCTO, Head Start, ChildCare Aware, K-State Research and Extension, Sponsors of Homes, and university or college courses. The class must focus on food and/or nutrition. Proof of course completion must be submitted to Child Nutrition & Wellness within 30 days after the class. The remaining 3 hours must be obtained from the training listed below which are identified (*) as counting for CACFP training.

CACFP Fall Workshop* (7 hours credit)

This is a full-day workshop. A variety of topics will be addressed. Information will be helpful to both centers and sponsors of day care homes. *The workshop counts for CACFP training and participants will receive certificate.*

Nutrition Building Blocks* (2 hours credit)

Based on materials developed for the I Am Moving, I Am Learning approach, this class will discuss the importance of good nutrition and how it can affect other learning areas. It will describe research-based information to guide adults' and children's nutrition practices. Participants will also learn new strategies for improving nutrition choices within the classroom and the home. *The workshop counts for CACFP training and participants will receive certificate.*

I Am Moving with IML* (2 hours credit)

This class will explore more ways that we can get our children moving and learning with physical activity. From the I Am Moving, I Am Learning approach, this class will teach participants the importance of structured physical activity and how to develop and modify activities for different ability levels in young children. *The workshop counts for CACFP training and participants will receive certificate.*

I Am Learning with IML* (2 hours credit)

This class will incorporate the I Am Moving, I Am Learning approach to provide fun and exciting activities that will help you incorporate nutrition education into children's everyday lives. Participants will be able to help children build a foundation for healthy everyday living from the food they eat to the choices they make. *The workshop counts for CACFP training and participants will receive certificate.*

CACFP Administrative Update* (2 hours credit)

This meeting will include program renewal and administrative updates for PY2013, and other CACFP hot topics for **center personnel**.

CACFP Home Sponsor Update* (2 hours credit)

This meeting will include annual updates including PY2013 renewal information for **sponsors of day care homes**.

Core Classes

*These classes **do NOT** count for the CACFP training hour requirement.*

CACFP Administrative Integrity (class is 2 hours in length)

This class will focus on Enrollment & Income Eligibility Forms and various income and household situations. Also included will be completing a claim and receiving reimbursement. Information will focus on child care center integrity and is for **center personnel** only. The class is **required for new Authorized Representatives of child care centers**. *This class **does not** count towards CACFP training; however, participants will receive a certificate.*

Menu Book Calculation: The Basics (class is 2 hours in length)

This workshop will address the basics of menu book calculation. Information is provided for those responsible for completing the menu book. *This class **does not** count towards CACFP training; however, participants will receive a certificate.*

Feeding Infants in the CACFP (class is 2 hours in length)

Learn how to offer, document, and claim infant meals, as well as serve the appropriate foods to infants. *This class **does not** count towards CACFP training; however, participants will receive a certificate.*

Food Safety Basics (class is 3 hours in length)

The class is based on the Fight BAC! food safety model and includes lessons on cleaning, separating, cooking, and chilling. Information will be helpful to both centers and sponsors of day care homes. *This class **does not** count towards CACFP training; however, participants will receive a certificate.*