








Fluid Milk Substitutions in the Child Nutrition Programs: Non-Dairy Beverages Meeting USDA Substitution Criteria

	USDA Criteria Per Cup	8th Continent <u>Original Soymilk</u> Per Cup 	8th Continent <u>Light Chocolate Soymilk</u> Per Cup 	Pacific Natural <u>Ultra Soymilk Plain</u> Per Cup 	Pacific Natural <u>Ultra Soymilk Vanilla</u> Per Cup 	Kikkomon Pearl <u>Organic Soymilk Creamy Vanilla</u> Per Cup 	Kikkomon Pearl <u>Organic Soymilk Chocolate</u> Per Cup 	Great Value <u>Original Soy Milk</u> Per Cup 
Calcium	276 mg	300 mg	300 mg	284 mg	284 mg	341 mg	388 mg	300 mg
Protein	8 grams	8 grams	8 grams	10 grams	10 grams	9 grams	8 grams	8 grams
Vitamin A	500 IU	500 IU	500 IU	500 IU	500 IU	578 IU	613 IU	500 IU
Vitamin D	100 IU	100 IU	100 IU	100 IU	100 IU	118 IU	110 IU	120 IU
Magnesium	24 mg	24 mg	24 mg	52 mg	52 mg	80 mg	96 mg	40 mg
Phosphorus	222 mg	250 mg	300 mg	254 mg	254 mg	401 mg	456 mg	250 mg
Potassium	349 mg	360 mg	440	380 mg	380 mg	410 mg	550 mg	360 mg
Riboflavin	.44 mg	.51 mg	.51 mcg	.5 mg	.5 mg	.75 mg	.77 mg	.51 mg
Vitamin B12	1.1 mcg	1.2 mcg	1.2 mcg	1.47 mcg	1.47 mcg	1.58 mcg	1.54 mcg	3 mcg
Vendors Carrying Product		Wal-Mart Dillon's Price Chopper Hy-Vee **Ask your vendor for new 8 oz. product.	Ask your vendor to order this product.	Yahoo.com Hy-Vee United Natural Foods pacificfoods.com	Yahoo.com Hy-Vee United Natural Foods pacificfoods.com	U.S. Foodservice (Kansas City), Sysco Food Service of Kansas City, Sysco Lincoln, Inc. (vanilla only), Dillon's	U.S. Foodservice (Kansas City), Sysco Food Service of Kansas City, Dillon's	Wal-Mart
Container Size/ Packaging		Half gallon or 8 oz. carton (12 or 40/case)	8 oz. carton (12 or 40/case)	32 oz. carton	32 oz. carton	8.25 oz. boxes (24 per case)	8.25 oz. boxes (24 per case)	64 oz. carton
Shelf Stable		No	No	Yes	Yes	Yes, 1 year (unopened)	Yes, 1 year (unopened)	No
Storage Tips		8 oz.= refrigerated shelf life of 30 days after receipt of product. Use within 10 days after opening.	Refrigerated shelf life of 30 days after receipt of product	Refrigerate after opening and use within 7-10 days	Refrigerate after opening and use within 7-10 days	Refrigerate after opening	Refrigerate after opening	Keep refrigerated