



## Child Nutrition & Wellness

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### September Update

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**Kansas school is named the third healthiest school in the nation!** In its September issue, *Health* magazine gave this outstanding recognition to **Anthony Elementary** in **USD 453 Leavenworth**. The school's principal, Janine Kempker, developed and implemented the "Eat, Exercise, Excel" (EEE) program in 2004-05. EEE quickly transformed a failing school into a highly successful one. As a result of the program, students are not only healthier, academic achievement has also dramatically improved. To read the *Health* magazine article, go to: <http://living.health.com/2008/08/20/americas-healthiest-schools/>. More information about the EEE program, Anthony School and current EEE pilot schools will be coming later this month.

**Kansas Coordinated School Health (KCSH) announces a new grant program** for the 2008-09 school year. The redesigned grant program combines the Coordinated School Health model and the Kansas School Wellness Policy Model Guidelines. For more information, go to [www.kshealthykids](http://www.kshealthykids.org) and click the "Funding" tab. Also note that the KCSH Fall Conference will be held in Wichita on October 20-21 ([http://www.kshealthykids.org/CSHP/KCSH\\_Menus/KCSH\\_Upcoming\\_Events.htm](http://www.kshealthykids.org/CSHP/KCSH_Menus/KCSH_Upcoming_Events.htm)).

#### **Team Nutrition is offering the following exciting grant programs:**

- Family Fun, Food and Fitness events
- Power Panther Pals, a health education program which is newly expanded to cover grades K-5
- Power Panther Professionals, a staff wellness program

For more information and grant applications, go to [www.kn-eat.org](http://www.kn-eat.org), What's New.

**Fresh Fruit and Vegetable Program grants** were recently awarded to 34 Kansas schools. Funds are available to add a few schools at the beginning of the second semester. The program is now limited to elementary schools with 50% or more of students eligible for reduced price or free school meals. An announcement will be made when the application period re-opens later this fall.

**USDA reauthorization Listening Session:** Next week I will be attending a regional meeting of Child Nutrition state directors and USDA staff. One day will be spent at a session where participants will discuss the upcoming reauthorization of the Child Nutrition Programs in 2009. Although the Child Nutrition Programs are permanently authorized in federal law, every five years the law is closely examined, changes are made and the law is "reauthorized" for the next five years. So now is the time to consider any changes that YOU think should be made in the law that governs these programs. Go to [www.kn-eat.org](http://www.kn-eat.org), What's New for information on how you can give your input on reauthorization to USDA.

**Body Venture off to a great start!** Did you know that Body Walk has officially retired after 6 years of touring Kansas schools? Its replacement is Body Venture and you can learn more about it at [www.bodyventure.org](http://www.bodyventure.org). Click on "BV in Action" to see lots of new photos. Body Venture has already been on the road for two weeks and it's a hit! A big thank you goes to Kay Kabus, food service director for USD 345 Seaman. During the busiest time of year, Kay graciously hosted the exhibit's first two days of operation.

**Reporting income from non-reimbursable sales:** Skip this paragraph if you do not sell a la carte items. KSDE is participating in an important research project to determine the cost of producing school meals. This research relies upon the accuracy of the data reported on the 2007-2008 Annual Financial Report. Specifically, revenue from reimbursable sales and non-reimbursable sales are to be reported separately. If you did not report non-reimbursable revenue (or miscellaneous revenue) separately, please correct this on your 2007-2008 Annual Financial Report as soon as possible. Otherwise, the cost of producing a meal in your district may appear to be greatly inflated.

**Revised Daily Record Forms for Breakfast, Lunch and Snacks:** The Microsoft Excel versions of these forms have been revised so that the last column now totals the meals served for each day. To access the forms, go to [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Policies & Guidance, Food Service Facts, Chapter 9.

**Have fun! Celebrate National School Lunch Week, October 13-17.** For more information, go to [www.kn-eat.org](http://www.kn-eat.org), What's New.

**Farewell!** We have several staff changes on our team. Dot Smith and Sally Brungardt are retiring effective Friday, September 5. Dot and Sally have made many valuable contributions to school nutrition programs in Kansas and will both be greatly missed! I especially want to recognize Dot's leadership and dedication to the Summer Food Service Program. The foundation she laid for this important program will serve us well in the years to come. After 10 years, Connie Van is leaving us to pursue other interests. Connie has done a wonderful job of completing computerized nutrient analyses of your menus for SMI reviews. Her knowledge of nutrient analysis and attention to detail are unsurpassed. We thank Dot, Sally and Connie for their service and wish them all the best!

**Welcome!** Please join us in warmly welcoming Eileen Blick, former food service director at USD 267 Renwick. She has accepted the position previously held by Sally and began working for KSDE earlier this month. Eileen has over 20 years of experience as a school food service director and has also been a KSDE trainer for many years. She will be a wonderful asset to the schools in her new area and to our team! Sapna Hegde and Franny Eastwood, who have both worked on nutrient analyses for the past year, will assume Connie's responsibilities. Peggy McAdoo is now assigned to Dot Smith's former area. We are in the final stages of hiring a new consultant for Peggy's former area and look forward to sharing that news with you in the near future.

Please contact me or your area consultant if you have questions, and have a great month!