



## Child Nutrition & Wellness

785-296-2276

785-296-0232 (fax)

120 SE 10<sup>th</sup> Avenue • Topeka, KS 66612-1182 • 785-296-6338 (TTY) • [www.ksde.org](http://www.ksde.org)

### April 15<sup>th</sup> Update

Distributed to the School Nutrition Program Authorized Representatives Listserv  
and the Food Service Directors Listserv  
April 15, 2011

#### Nutrition Requirements for Fluid Milk

Beginning School Year 2011-12, at least two choices of fluid milk from the following list must be offered: fat-free milk, low-fat (1%) milk, fat-free or low-fat lactose reduced milk, fat-free or low-fat lactose-free milk, fat-free or low-fat buttermilk, and fat-free or low-fat acidified milk. All products must be pasteurized. Plain or flavored low-fat and fat-free milk may be offered to meet the variety requirements until we receive an implementing rule for Nutrition Standards in the National School Lunch and School Breakfast Programs which addresses use of flavored milk.

#### Water Availability During Lunch

Beginning School Year 2011-12, schools participating in the National School Lunch Program (NSLP) are required to make water available during meal service to children at no charge in the place where lunch meals are served. There are a variety of ways schools can implement this requirement. For example, schools can offer a water pitcher and cups, a water fountain, or a faucet that allows students to fill their own bottles or cups with drinking water. Reasonable costs associated with providing water (such as expense for cups) would be an allowable cost to the non-profit food service account.

#### Training Pays!

With the recent reauthorization of Child Nutrition Programs and in these financially uncertain times, it is more important than ever to make the best use of limited resources. Sending employees to training continues to be a good investment. Well trained employees are the key to implementing the Healthy, Hunger-Free Kids Act of 2010 and administering high quality and cost effective Child Nutrition Programs.

This summer, KSDE will offer a full schedule of Child Nutrition Management Academy classes, menu planning classes and administrative workshops. In addition, we continue to work with Regional Training Cooperatives (RTCs) to assure that classes tailored to local needs are available across the state. RTC classes are conveniently located, inexpensive and cover a wide variety of relevant topics.

In order to work as a team to implement reauthorization including creating healthier school environments, this year at Child Nutrition Management Academy there are classes that would benefit teachers, school nurses, administrative staff, administrators, members of the school wellness committee, as well as school nutrition directors and managers. We strongly encourage you and your staff members to participate.

<b>Dates and locations are as follows:</b> • June 7-10 at Topeka, Iola, and Hays • June 14-17 at Dodge City, Haysville, and Kansas City	<b>School Staff that Could Benefit</b>				
	School Nutrition Directors/Managers	Teachers	School Nurses	Administrative Staff	School Wellness Committee Members
<b>Classes offered:</b>					
Maximizing the K-2 Nutrition Education Message	X	X	X		X
A La Carte...Mission Possible	X				X
The Path to Personal Wellness	X	X	X	X	X
Flexing Your Marketing Muscle	X			X	
Effective Financial Management	X			X	
Personnel Management II	X			X	
Working SAFE	X		X		X
KN-TECH	X			X	
Food Service Sanitation	X				
SNA Healthy EDGE	X	X	X		X
Food Based Menu Planning and Production Records	X			X	

Go to [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Training for continually updated information about a wide variety of training opportunities conveniently located all over the state and to register for classes!

**Thank You**

Sincere thanks for your terrific cooperation and support as we work through all of the changes required by reauthorization of the Child Nutrition Programs! If you were unable to attend a Leadership Connections meeting this spring, the power point and handouts are now posted at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, What’s New. As always, if you have questions or if the Child Nutrition & Wellness team can help in any way, please call or email.

Cheryl

Cheryl Johnson, MS, RD, LD  
 Director  
 Child Nutrition & Wellness  
 Kansas State Department of Education  
 120 SE 10<sup>th</sup> Avenue  
 Topeka, Kansas 66612  
 Phone: 785-296-2276  
 Fax: 785-296-0232  
[csjohnson@ksde.org](mailto:csjohnson@ksde.org)  
[www.kn-eat.org](http://www.kn-eat.org)