



Child Nutrition & Wellness

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October Update

October 6, 2011

Distributed to School Nutrition Program Authorized Representatives and
Food Service Directors via Email

National School Lunch Week – October 10-14, 2011

“School Lunch – Let’s Grow Healthy” will help students understand where food comes from while highlighting the overall benefit that school lunch helps kids grow strong and healthy. The 2011 theme provides the opportunity to try something new and promote locally sourced foods. For more information, go to www.schoolnutrition.org.

Fall Leadership Connections

KSDE’s Child Nutrition Consultants will hold 30 regional Leadership Connections meetings between October 24th and November 3rd. This fall’s program is “**Grow It, Know It, Try It...Love It!**” The meetings will also feature announcements, networking and awards for professional development and manager certification. In addition, we’ll be distributing nutrition education posters for the cafeteria! Go to www.kn-eat.org, School Nutrition Programs, What’s New for class dates and locations!

Fowler Elementary Receives *HealthierUS* School Challenge (HUSSC) Gold Award of Distinction & Governor’s Health Champion Award

Fowler Elementary is the first school in Kansas to receive the HUSSC Gold Award of Distinction! They were also honored by Governor Brownback as the winner of the Governor’s Health Champion Award at a recognition ceremony held during the Kansas State Fair! Congratulations to Martha Ohnick and the Fowler Elementary administration, staff and students.

HealthierUS School Challenge Award Winners

Two schools in Effingham, Kansas that are part of USD 377 have received the Silver award level: Atchison County Community Elementary School and Atchison County Community Junior-Senior High School. Atchison County Junior-Senior High School is the first high school in Kansas to receive a HUSSC Award! Congratulations to Food Service Director Theresa Cattrell and the administration, staff and students!

Burlington USD 244 has two schools that have been awarded the HUSSC Bronze Award: Burlington Elementary and Burlington Middle School. Congratulations to Diana Hess, Food Service Director and the administration, staff and students!

Congratulations to Food Service Director Karla Floyd and the administration, staff and students of USD 500 Kansas City Banneker Elementary and Frank Rushton Elementary who received the Bronze Award!

Emporia USD 253 has seven schools that have been awarded the HUSSC Bronze Award: Logan Elementary, Lowther North Intermediate, Lowther South Intermediate, Riverside Elementary, Village Elementary, Walnut Elementary and William Allen White Elementary. Congratulations to Jill Vincent, Food Service Director and the administration, staff and students!

The Child Nutrition & Wellness Team commends all the Kansas HUSSC Award Winners for the exemplary steps, leadership, and teamwork employed to make changes to their schools’ nutrition environment; improve quality of the foods served; provide students with more nutritious, healthy choices; and enhance their physical activity program.

HealthierUS School Challenge Training

All Kansas schools are encouraged to take the *HealthierUS* School Challenge. Contact Kelly Chanay at kchanay@ksde.org for information and/or assistance applying. A workshop has been scheduled to provide assistance at Gardner on December 1, 2011. The workshop will begin at 10:00 AM and end by 3:30 PM. Lunch will be provided. Registration will be limited to 20 so those attending can receive one-on-one assistance with menu planning and individual questions. Call Paula at 785-296-2276 to register and receive additional information.

Kinsley Library Winner in USDA Summer Food Service Program (SFSP) Story and Photo Contest

Kinsley Library is the national winner in the Creative category. The Kinsley Library SFSP is a “think outside the box” way of serving kids and teens summer meals. For more details about the Food, Fun and Sun! Summer Food Service Program Story and Photo contest including winning submissions, please visit the SFSP Contest webpage at <http://www.fns.usda.gov/cnd/summer/contest/default.htm>.

Summer Food Service Program

Kansas needs more Summer Food Service Program sponsors to provide meals for kids when school is out. Contact Peggy McAdoo (pmcadoo@ksde.org) for more information. NOW is a great time to make plans for summer 2012!

Verification Deadlines Approaching

Verification is confirmation of eligibility for reduced price and free meals under the National School Lunch Program and School Breakfast Program. The following sponsors do not complete verification:

- Sponsors participating in ONLY the Special Milk Program
- Residential Child Care Institutions that do not also operate a day school

All other sponsors must select and verify eligibility for a sample of applications approved for benefits. One person should coordinate all verification activities for the sponsor.

Important deadlines for the verification process are:

- October 1 – Count applications and students approved for reduced price and free meals. Applications and students that are in “carry-over” status on October 1 are not included in this count. Complete the Pre-Verification Worksheet in KN-CLAIM to determine the sponsor’s sampling method. Once the Pre-Verification Worksheet is submitted, go into the Post-Verification Results screen to see the number of applications that must be verified. Verify ONLY the number required unless verified “for cause”.
- November 15 – Complete all verification activities. This deadline is the same whether it falls on a weekday or weekend.
- December 15 – Complete reporting of Post-Verification Results in KN-CLAIM.

USDA requires KSDE to annually report verification data for each sponsor. This information is pulled from the Pre-Verification Worksheet and the Post-Verification Results screens in KN-CLAIM. Please make sure that the information entered is accurate, complete and submitted on time. For instructions on the verification process and all related forms (including KSDE’s Spanish translations), go to www.kn-eat.org, School Nutrition Programs, Food Service Facts, Chapter 8-Verification of Eligibility.

Team Nutrition

Schools can now enroll to be a Team Nutrition School or update Information online at http://healthymeals.nal.usda.gov/hsmrs/TN_Enrollment_Form/enrollment.php. Health education programs and mini grants that are still available for implementation during the 2011-2012 school year include:

- Power Up (Junior High) – applications due October 17th
- Spring Family Fun, Food & Fitness Events – applications due January 6th

Please share this information with teachers or others who may be interested!

Team Nutrition featured on ESPH Video News

We encourage you to visit the ESPH (Eat Smart. Play Hard) Video News at www.eatsmartplayhard.org. to learn more about Team Nutrition Programs! The October edition includes videos featuring USD 353 Wellington and USD 435 Abilene. The ESPH Video News is a great tool for sharing health and wellness information with your students, their families, and patrons. We encourage you to include a link to this site on your district and/or school websites. By doing so, the district will achieve several of the Kansas Wellness Policy Guidelines on Nutrition Education and Physical Activity for "Family & Community". If you have comments, questions, or suggestions for the ESPH Video News, please send an email to Cheryl Johnson at csjohnson@ksde.org or use the "Contact Us" button on the website.

Healthier Kansas Menus-Special Diet Modifications

The Healthier Kansas Menus-Special Diet Modifications resource will be available at www.kn-eat.org, School Nutrition Programs, Resources after October 10th. The Special Diet Modification information is based on the Healthier Kansas Menus, recipes and production records. Students requiring meal modifications must have a signed Medical Statement to Request School Meal Modification (Food Service Facts, Chapter 19, Form 19-B) on file. The Special Diet Modifications resource can be used to help the school meet an individual student's needs as specified on Form 19-B.

2011-12 Administrative Workshop Presentation

The slides and notes for the 2011-12 Administrative Workshop are available for you to use as a reference and resource and can be accessed at www.kn-eat.org, School Nutrition Programs, Training, Administrative Workshop.

Monthly Financial Report

Remember to complete the Monthly Financial Report in KN-CLAIM no later than 90 days following the end of the claim month or reimbursement will be withheld.

Chefs Move to Schools

The Culinary Trust has announced a grant program for culinary professionals to help implement Michelle Obama's Chefs Move to Schools initiative. Information and applications can be found at <http://www.theculinarytrust.org/#!chefs-move-to-school>.

Fuel Up to Play 60

Fuel Up to Play 60 is a nationwide student-led program that inspires and empowers youth to take action for their own health and implement long-term, positive changes for themselves and their schools. This program helps schools reach *HealthierUS* School Challenge goals with customizable programs and tools. Apply now for up to \$4,000 in competitive funding for your school. Funding application, ideas, and tools can be found at www.fueluptoplay60.com. Contact Jill Ladd (jladd@ksde.org) or Bridget Sheehan (bsheehan@midwestdairy.com) for information.

Breakfast Outreach

Watch for information about the Kansas School Breakfast Challenge coming in 2012! Remember to continue to conduct outreach to promote the School Breakfast Program at your school.

Revenue from Non Program Food

As a result of the Healthy, Hunger-Free Kids Act, USDA requires all non-program food to be priced to cover costs. A new financial management tool is available in KN-CLAIM, "Estimated Revenues from Non-Program Food." Use this tool to see if your non-program foods are priced appropriately and make changes as needed.

Bulletin Board

A Bulletin Board is available at www.kn-eat.org, School Nutrition Programs, What's New for schools to find and post information about quantity recipes, equipment for sale or wanted and positions available in Kansas schools. To add information to the Bulletin Board, contact Paula Tryon at 785-296-2276 or ptryon@ksde.org.

Fluid Milk Substitution List

The Fluid Milk Substitution List has been updated to include new products. Go to www.kn-eat.org, School Nutrition Programs, What's New for the updated product list.

School Gardening Pilot Projects

Congratulations to the following schools who will be conducting School Gardening Pilot Projects in Kansas for the 2011-12 school year: Xavier Elementary School in Leavenworth, Goessel USD 411, Weskan USD 242, Iola USD 257, and Sunset Hill Elementary in Lawrence! Watch for information as these schools share successes and lessons learned.

Where to go for more information?

- *Food Service Fact*. For the most current version, go to www.kn-eat.org, School Nutrition Programs, Food Service Facts. Forms are located with the related chapter.
- Contact your area KSDE Child Nutrition Consultant via email (first initial last name@ksde.org).
- Call KSDE, Child Nutrition & Wellness at 785-296-2276.

Fall is Harvest Time in Kansas!

I encourage each of you to attend a Fall Leadership Connections meeting to learn and share ideas about incorporating more locally grown produce into your Child Nutrition Programs and discuss ways to get students excited about consuming more fruits and vegetables! School Meal Programs do help kids grow healthy! The School Nutrition team is looking forward to the Leadership Forum on October 7th and the SNA-KS Fall Conference. We will have a booth at Fall Conference, so be sure to stop by and ask any questions you may have.

Cheryl