

Child & Adult Care Food Program – Sample Snack Menu

Child Nutrition & Wellness, KSDE

PLEASE NOTE: Milk served is unflavored whole milk for one year olds and unflavored non-fat or 1% milk for children 2 years and older.
All Grain items are Whole Grain-Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Crackers Sliced Tomato & Cucumber Water	String Cheese Pretzels Water	Whole Grain Cereal Milk	Cottage Cheese Sliced Oranges Water	Graham Crackers Low Fat Yogurt Water
Whole Grain Tortilla Chips Tomato Salsa Sliced Banana Water	Celery Peanut Butter Milk	Trail Mix Strawberries Water	Pumpkin Bread Milk	Diced Cantaloupe English Muffin Water
Whole Grain Bread Sticks Marinara Sauce Cheese Cubes Water	Cheese Quesadilla Water	Whole Grain Waffle Seasonal Berries Water	Rice Cake Peanut Butter Grapes Water	Whole Grain Roll Peaches Milk
Apple Wedges Peanut Butter Milk	Corn Tortilla Wrap with Sliced Turkey & Shredded Cheese Water	Animal Crackers Milk	Whole Grain Blueberry Muffin Grapefruit Juice	Fresh Vegetables (Peppers, Cauliflower, Broccoli) Low Fat Dip Milk

*This institution is an equal opportunity provider.