

# 2015 National School Lunch Week Menu

## October 12-16, 2015

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Nutrient Averages			
					K-5	6-8	9-12	
Asian Noodle Bowl Broccoli Florets Fruit Spring Roll  Fruit Choice - Canned Milk Choice  <b>KS Dairy Day</b>	Pulled Pork on Whole Grain Bun Seasoned Pinto Beans Jicama Salad Strawberries & Pineapple  Fruit Choice - Fresh Milk Choice  <b>KS Pork Day</b>	Spaghetti & Meat Sauce Whole Wheat French Garlic Bread Garden Salad Sliced Peaches  Fruit Choice - Fresh Milk Choice  <b>KS Beef Day</b>	Turkey Sandwich on Focaccia Bun Baked Beans Orange Veggie Bake Fresh Apple Slices  Fruit Choice - Canned Milk Choice  <b>KS Wheat Day</b>	Buffalo Chicken Wrap with Celery Ranch Slaw Corn 'n Peppers Fresh Grapes  Fruit Choice - Canned Milk Choice  <b>KS Corn Day</b>	<b>Calories</b>	<b>650</b>	<b>693</b>	<b>762</b>
					<b>Sodium (mg)</b>	<b>1148</b>	<b>1178</b>	<b>1238</b>
					<b>% of Total Calories from Sat. Fat</b>	<b>7.6%</b>	<b>7.4%</b>	<b>6.8%</b>

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