USD 365 Garnett Elementary School Gardening Project

First graders from Irving Primary Center, now Garnett Elementary School, participated in the School Gardening Initiative mini-grant through Kansas Team Nutrition last spring. Students learned about seeds and their life cycle during their Friday Friends program and were excited to watch plants grow from little seeds, many students wanted to know how the seeds knew what to grow into. Upon harvesting their container salad gardens which contained lettuce, radishes, spinach, onions, carrots, basil, parsley chives, cilantro, oregano, thyme, (just to name a few), students were able to make a salad and small biscuit pizza using the herbs. Recipes were sent home with students and many of them reported back on how much they enjoyed making the pizzas and a salad with their families. First grade teacher, Sandy Lewis, reported that “A number of our students now realize they too can grow healthy foods on their own. We considered our gardening project a success!”