

Fluid Milk Substitution Criteria in Child Nutrition Programs

USDA Criteria for Required Nutrient Levels to Qualify as Non-Dairy Beverage Substitute		
Nutrient	Required Amount Per Cup	Label
Calcium	276 mg	28%
Protein	8 grams	8 grams
Vitamin A	500 IU	10%
Vitamin D	100 IU	25%
Magnesium	24 mg	6%
Phosphorus	222 mg	23%
Potassium	349 mg	10%
Riboflavin	.44 mg	26%
Vitamin B12	1.1 mcg	19%

Please consult the actual product label to compare current nutrition information and verify it contains the required nutrients listed above. Questions? Contact your area Child Nutrition Consultant or call Child Nutrition & Wellness 785-296-2276.

This institution is an equal opportunity provider.

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