What is a Smarter Lunchroom?

A Smarter Lunchroom is a cafeteria where children are more likely to choose healthier foods and eat them too! The Smarter Lunchrooms Movement is a grassroots initiative that has swept across the nation helping to improve children's eating behaviors through the application of evidence-based techniques. These techniques are no-cost or low-cost to implement and have a proven track record in "nudging" kids into choosing and eating nutrition-packed foods being served on the school lunch line everyday. Over 70 Kansas schools have experienced a Smarter Lunchroom Makeover and implemented amazing changes to their cafeterias.

Are you ready for a Smarter Lunchrooms Makeover?
Contact Kansas Team Nutrition: 785-296-2276

Kansas State Department of Education, Child Nutrition & Wellness
Landon State Office Building
900 SW Jackson Street, Suite #251
Topeka, KS 66612
Phone: 785-296-2276
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This institution is an equal opportunity provider.
**Scope Out Your Cafeteria**

1. Complete a Smarter Lunchrooms Scorecard
2. Take photographs of the lunchroom to experience the space as a customer
3. Engage stakeholders in identifying opportunities in the lunchroom

**Create Your Action Plan**

1. Review scorecard results and identify areas of opportunity
2. Look at pictures of the lunchroom to gain an outside perspective of the customer experience
3. Choose desired strategies to implement
4. Assign tasks and a timeline

**Kansas Puts it into Action**

1. Implement Smarter Lunchrooms techniques
2. Simple changes can be made overnight. Larger changes can be made over a long break.

Top Kansas techniques:
- Quarterly rotation of promotional signs and posters
- White milk is the first beverage option seen in all designated milk coolers
- A daily entrée option is identified to promote as a “targeted entrée”
- Students who do not have a full reimbursable meal are politely promoted to select and consume fruit and vegetable meal options
- Students, teachers and/or administrators announce the daily menu during daily announcements

**Do it!**

**Lawrence West Middle School** re-branded the student cafeteria to inspire student Warhawk pride

Lawrence Public Schools

**Emoji Fries? Say What?**

Tonganoxie High School students re-named sweet potato fries with an unexpected twist. The popular new menu name is now used district wide!

**Wichita Public Schools**

**Prairie Hills**

**Garden City Public Schools**

**Share it!**

Kansas schools are implementing Smarter Lunchrooms techniques and have taken pictures to share their success.

1. Identify additional opportunities to improve the lunchroom experience
2. Implement Smarter Lunchrooms techniques
3. Encourage students to choose and consume nutritious options on the lunch line

**On average, schools implement 12 different techniques**

**Most popular Smarter Lunchroom technique in Kansas?**

Greeting students with a smile and friendly welcome into the lunchroom.

**Key Outcomes**

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23 scorecards already completed in Kansas schools.